



Family & Children's Paediatric Therapy

Contemporary families in Australia enjoy the diversity and richness of all the colours in a rainbow. However at times this can lead to conflict, stress, isolation, self-harm, estrangement and confusion.

Acua works with family members on;

- parenting
- empathy & understanding
- adolescent challenges
- emotional intelligence & regulation
- connection & healthy boundaries
- and more

Acua champions healthy families that are able to share, support and grow together.

To book or learn more visit our 'Family & Kids' section of our website.



Behavioural Therapy

- Anxiety and Depression
- Concentration
- Socialisation and Group dynamics
- Obsessive-Compulsive Disorder (ODD)
- Fears and Phobias
- Trauma and Grief
- Boundary Theory
- Gratitude and Self Care
- Emotional Regulation

Cognitive Development & Educational Support

- Sequential and Non-Sequential Information Synthesis
- Conceptualisation
- Visual/Aural/Kinesthetic Learning Techniques
- Multiple Intelligence Development
- Memory, Learning Models, Schema and Pattern development

Expressive Therapy

- Art Therapy
- Drama Therapy
- Music Therapy
- Play Therapy
- Movement Therapy

Speech Therapy

- Letters and Numbers,
- Sounds, Phonics and Phonetics
- Articulation, Stuttering, Language and Speech
- Literacy, Sentence Structure, Writing and Reading
- Voice Production, Presenting, Scripting and Creative Communications
- Conversation skills.



Counselling



Call or Text
1300 777 100



Coaching
Counselling
EAP
Family & Children
Mediation

Couples Therapy	Individual Therapy	Coaching
Family Therapy	Aged-Care Counselling	Speech Therapy
Meditation	Men's Health	Employee Advocate
Children's Therapy	Career Coaching	Development Therapy

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